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The Rock & Roll Waltz

Phrased, intermediate/advanced level

Choreographer: Max Perry (USA) Aug 1996

Choreographed to: The Rock & Roll Waltz by Scooter Lee on the High Test Love album

SECTION A1

- 1,2,3,4,5,6 Step forward with left foot, step right next to left, step in place with left, step forward right, step left next to right, step in place with right (2-forward hesitation steps)
- 1,2,3,4,5,6 Step back with left foot, step right next to left, step in place with left, step back with right foot, step left next to right, step in place with right (2-backward hesitations)
- 1,2,3,4,5,6 Cross left foot over right, step with ball of right foot to right side, step in place with left foot, cross right foot over left, step with ball of left foot to left side, step in place with right foot
(These are similar to crossing triples/serpentine/progressive twinkles) Traveling forward
- 1,2,3,4,5,6 Cross left foot over right, step with ball of right foot to right side, step in place with left foot, cross right foot over left foot (4), unwind (turn) 1/2 left ending up with weight on right (5,6) (feet end up slightly apart)

SECTION A2

- 1,2,3 Rolling 360 left (3 step turn) - turn 1/4 left & step forward with left foot, turn 1/2 left as you step back on right foot, turn 1/4 left as you step side with left foot (end facing front wall)
- 4,5,6 Cross right foot over left foot and rock forward, step in place with left foot, step right foot to right side
- 1,2,3,4,5,6 Box Turning - Step forward on left foot & turn 1/4 left (to next wall), step right foot to right side, step left foot next to right foot. Step back with right foot & turn 1/4 left, step to left side with left foot, step right foot next to left foot

NOTE: The "box turning" is just a plain left box turn - forward, side, together, back, side, together - turning 1/4 left over steps 1-3, and 1/4 left over steps 4-6 for a total of 1/2 turn left.

- 1,2,3,4,5,6 REPEAT THE ENTIRE SECTION A2 - ROLLING VINE, CROSS OVER & ROCK,
1,2,3,4,5,6 TURNING BOX

- 1-48 REPEAT SECTIONS A1 & A2 (in other words, repeat dance from start!)

SECTION B1

- 1,2,&,3 "...One, two and let's rock..."
Step forward w/left foot, step forward w/ right foot, step to left side w/ left foot (small step on count "&"), step to right side with right foot (small step on count "3") feet should now be a shoulder width apart
- 4,5,6 Move hips left, right, left (weight should be on left foot)
- 1,2,&,3 "...One, two and let's roll..."
Step forward w/right foot, step forward w/ left foot, step to right side w/ right foot (count "&") step to left side with left (small step on count "3") feet again are only a shoulder width apart with weight on the left foot this time
- 4,5,6 Turn 1/4 right as you step forward on right foot, Turn 1/4 right as you step to left side with left foot, step right foot next to left foot (3 steps to turn 1/2 right total)

SECTION B2

- 1,2,&,3 Step forward w/ left foot, step forward with right foot, step to left side with left foot (small), Step to right side with right foot (small step) feet are shoulder width apart, weight on both
- 4,5,6 Scoot forward 3 times (have weight more on the left foot on the last scoot)
- 1,2,&,3 Step forward w/ right foot, step forward with left foot, step to right side with right foot (small step), step to left side with left foot (small step) feet again are shoulder width apart
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4,5,6 Turn 1/4 right as you step forward w/right, turn 1/4 right as you step to left side with left foot, step right next to left

SECTION B3

1,2,3,* Cross left foot over right & rock step forward, step in place w/ right, step side with left foot (body turns slightly to right [1/8 or 45 degrees] as you rock step) a.k.a. "cross-over" rock

4,5,6 * Cross right foot over left & rock step forward, step in place w/ left, step side w/ right (body turns slightly to left [1/8 or 45 degrees] as you rock step) a.k.a. "cross-over" rock

1,2,3 Step forward with left foot & either hold for counts 2,3 or tap left heel twice on 2,3
4,5,6 Step forward with right foot & either hold for counts 5,6 or tap right heel twice on 5,6

1,2,3,4,5,6 LEFT BOX TURN - Step forward w/ left foot & turn 1/4 left, step to right side with right, step left next to right, step back with right foot & turn 1/4 left, step to left side with left foot, step right next to left. (this is a box step with a total of 1/2 turn left over counts 1-6)

1,2,3,4,5,6 LEFT BOX TURN - same as above

Note: The 2 boxes have taken 4 measures (4 x 1,2,3) and will have you facing the same wall you started on. For team routine, this is an excellent spot to modify the amount of turn to enable you to face whichever direction you need to for a performance. All you would have to do is to not turn on certain measures or to over turn parts of the box - comfortably each measure of a box can turn from 1/8 to 1/2.

AFTER A 4 MEASURE INTRO (4 X 1,2,3 OR 12 COUNTS) YOU SHOULD DANCE THE SECTIONS IN THIS ORDER:

ALL SECTION A
ALL SECTION A
ALL SECTION B
ALL SECTION B
ALL SECTION A
ALL SECTION B

I just divided the sections to make them easier to teach. Think of sections A1 & A2 as just "A", and sections B1, B2, B3 as just "B"

As an extra little pose, you could take a side step to the left with the left foot upon completion of all the sections to pose on one last beat of music at the end of the song.

HAVE FUN WITH THIS ONE!